

Marathon

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IT'S NOT ABOUT THE MILES,
IT'S ABOUT THE MILESTONES

Five "ordinary" people, with no athletic background, come together with one common goal: in just eight months they will run a marathon. The group is assigned a world class coach and each runner is built a training program tailored to their needs.

Each episode is a distinct stage – marking a step towards their shared and personal goal. Together they present five inspiring narratives: stories of struggle and tales of triumph. But who will make it to the finish line?

The journey towards the 42.2-kilometer challenge begins with the ability to run shorter distances within preset times. Each episode is named after the physical trial which the participants have to complete at that stage of the process.

The race they are preparing for is the climax of each episode. Dramatic personal stories are intertwined with training scenes, drawing parallels between the conflicts in their personal lives and the crisis points in their race towards the achievement of a lifetime.

Who will make it to the finish line?

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Genre: Docu Reality

Duration: 60'

Production Company: Endemol Shine Israel

Broadcaster: Keshet 12 (Israel)



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